

# **CONNECTICUT VALLEY HOSPITAL PHYSICAL THERAPY SERVICES**

## **EQUIPMENT MAINTENANCE AND CLEANING PROCEDURE**

### **Treadmill Cleaning**

The following procedure is completed daily.

Requisites:

- a. Protective gloves.
- b. Cloth or paper towel.
- c. Hospital approved disinfectant, diluted to recommended strength in a basin or pail.

Procedure:

- a. Turn the power switch to the treadmill off.
- b. Wipe all external parts of the treadmill with a cloth or paper towel dampened with the hospital approved disinfectant diluted to the recommended strength.
- c. Pay special attention to the one-inch space on each side of the treadmill belt.
- d. Turn the power switch to the treadmill on.
- e. Start the treadmill at the lowest setting and carefully wipe the belt as it goes around, ensuring that the cloth or paper towel does not get caught on the belt.
- f. Turn the belt off and reset the machine so it will be ready for the next use.